Legally Drugged Populace: Handy Tool?

Contributed by Jan Lundberg
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This article's commentary on the legal drugging of society -- and the suggestion for a way out -- is prompted by several disturbing news stories, noted at the end with links.

Healing? Fuggetaboutit -- the modern industrial medical system is basically about treatment, while prevention and healing are not the focus. Society has increasingly equated healing with treatment.
Which means spending money, a crippling amount more and more. Fasting, as it happens, is the exception: one spends no money for food!

We'll do more than save money when we take our health back into our own hands.
Natural healing is indispensable, akin to nature's need to heal -- something we can all agree upon.

What if industry and government have a greater interest in controlling and manipulating the population, perhaps because healing is considered impossible or unprofitable? We have to respond effectively if nature and we as humans are being exploited and ground down to dust.

Fasting is my favorite recommendation for anyone's exploration. It is perhaps the oldest "common ancestor" across the lines of species and their healing methods (besides eating, sleeping, etc.).

It's a now topic too! The Fast for Our Future (previously the Climate Emergency Fast) is now in its second week. Thirty U.S. states and some other countries participated in at least one day's fast on April 20. About ten hunger strikers plan to fast at least 25 days.

I fasted 3 1/2 days, just water. I wanted to continue the fast and do more detoxification (resulting from efficient elimination functions), but something came up. I'll just have to wait to expunge more of those plastic molecules most of us have inside. The idea that we may be suffering from plastics is a notion that gets less news-media attention as, say, the advent of some new corporate consumer product.

I found myself reflecting during the fast that it's amazing to be alive -- sort of a journey. After the fast I felt better than before, sort of re-calibrated. A short fast, though less than the complete healing experience, does "hit the reset button." I felt I got out of some kind of rut. I also reflected on the idea that anyone who hasn't lately had a fast or some dietary equivalent is in a rut. We are what we eat. But, not to be dogmatic, I realize that we all have our different perspectives and levels of health that sometimes can't be explained.

A fast defeats addictions. Pharmaceutical drugs are a form of mass addiction. The drugs may each be mostly not intended to be addictive, but if they are an addiction as a whole, then it's a very costly crisis for society and each of us individually. The negative effects are many, which include, as Dan Bednarz has pointed out in Culture Change, tragic consequences: the petroleum-oriented infrastructure that billions of people depend on is collapsing due to peak oil.

The side effects of pharmaceuticals do not mean the whole knowledge-base or the pharmaceutical products themselves have no value at all. But, regardless of whatever honestly unintended consequences of today's legal drug use that seems to result in little healing, we certainly have more bad news from the Big Parma/Gov't sector. And I'm not even talking about risky flu shots that are being pursued by an industry mainly interested in profit:

From Angela Bischoff of Greenspiration, these four relevant, related articles were among her recent newsletter's recommendations:

Drugging Kids With No Verifiable Disease

Studies find factories release pharmaceuticals

Tons of Released Drugs Taint US Water

How Big Pharma Distorts Science to Get FDA Approval for Dangerous Drugs

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Drugging Kids With No Verifiable Disease

Psychiatry’s marketing strategy is to invent diagnoses out of thin air and call them diseases as an excuse to prescribe drugs, according to Dr. Fred Baughman, author of The ADHD Fraud.

lawyersandsettlements.com

Studies find factories release pharmaceuticals

Federal scientists testing for pharmaceuticals in water have been finding significantly more medicine residues in sewage downstream from public treatment facilities that handle waste from drugmakers.

In one study, samples taken at two treatment plants down the sewer line from drugmaking factories contained a range of pharmaceuticals - among them opiates, a barbiturate and a tranquilizer at "much higher detection frequencies and concentrations" than samples taken at other plants, according to preliminary research by the U.S. Geological Survey.

One drug, the muscle relaxant metaxalone, was measured in treated sewage at concentrations hundreds of times higher than the level at which federal regulators can order a review of a drug's environmental impact.

Associated Press via forbes.com

Tons of Released Drugs Taint U.S. Water

U.S. manufacturers, including major drugmakers, have legally released at least 271 million pounds of pharmaceuticals into waterways that often provide drinking water - contamination the federal government has consistently overlooked, according to an Associated Press investigation.

Hundreds of active pharmaceutical ingredients are used in a variety of manufacturing, including drugmaking: For example, lithium is used to make ceramics and treat bipolar disorder; nitroglycerin is a heart drug and also used in explosives; copper shows up in everything from pipes to contraceptives.

hosted.ap.org

How Big Pharma Distorts Science to Get FDA Approval for Dangerous Drugs

How does Big Pharma keep getting dangerous drugs approved? Through the best articles and spokesmen money can buy.

In February the Justice Department charged Forest Laboratories with illegally marketing antidepressants Celexa and Lexapro to younger patients and burying a study that showed suicidal side effects in children. But the very next month the FDA approved Lexapro for depression in adolescents 12 to 17.

In March the Justice Department charged AstraZeneca with knowing and hiding the diabetes side effects of Seroquel. But this month the FDA considers expanding the antipsychotic's approvals to depression and anxiety.

And in January, Eli Lilly pled guilty to promoting its antipsychotic Zyprexa for unapproved and dangerous uses in a $1.4 billion settlement. But in March the FDA approved Lilly's Zyprexa/Prozac combo, Symbyax, for treatment resistant depression (TRD). What do you get when you cross Zyprexa with Prozac? Someone who gains 100 pounds and feels great about it!

alternet.org

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"Join the Big Fast for the Climate" by Ted Glick, Jere Locke, Jan Lundberg, 17 April 2009:

culturechange.org

Greenspiration website: greenspiration.org. Newsletter sign-up at Greenspirational News