Universal Mind Meditation versus Cars

Contributed by Bill LeBon
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THREE NEW POEMS FOR OUR FASCINATING, TROUBLED, BEAUTIFUL WORLD

Universal Mind Meditation

Feel the whole infinite Universe, see the galaxies. See our Milky Way Galaxy and our star the Sun. See the planets, then see Earth. Feel that love for our beautiful blue home planet. As the Universal, feel the desire to protect and nuture this special miracle.

Cars

What's the source of the wars? Cars.

What's the source of climate chaos? Cars.

What do you hear all the time? Cars.

What does you life revolve around? Cars.

Can you live without: Cars?

Sitting Bull said in the future, people will go faster, and this will confuse the seasons.

Walk, bike, horse, buggy, trolley, train, cab, caboose, tram, gondola, ferry, bus, boat, ship, sail, plane

anything

Just not a private, fossil fueled, single occupancy automobile (times 7 billion)

The Purpose of Life is Life

I walked along the shore as the sandpipers piped in unison along the foam line in the wet sand reflecting the shimmering gold and orange of the setting sun. At the river's mouth a large flock of seagulls are always there now. What does that mean? Heading up stream, a giant, football field size, mystical, mandala-like sun/sunflower was drawn in the sand. Inspired, I picked up a stick and walked in a circle. I followed the circle around and around into a great big spiral 100 feet across. At the end of the spiral in big block letters I wrote:

THE PURPOSE OF LIFE IS LIFE

SO TAKE GOOD CARE OF YOURSELF

YOUR COMMUNITY AND

YOUR PLANET

THANKS!

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In 1990 Bill LeBon roller bladed across the U.S. to raise awareness on global warming and to promote rails-to-trails. In 1994 he founded The Hub (the Santa Cruz Hub for Sustainable Transportation, now the Hub for Sustainable Living) as a center for bicycle culture and do-it-yourself community skills. In 1996 he bicycled from Santa Cruz to Humboldt County to help forest defenders in the ancient redwoods. He stayed to work on the Auto-Free Times magazine at the Alliance for a Paving Moratorium with Jan Lundberg in Arcata. In 2008 he worked at Culture Change in San Francisco with Jan. He then co-founded the Green Station in Santa Cruz, a biodiesel/veggie oil fuel outlet that also sells electric vehicles.